



Boredom Busters

by

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- Go to the public library. Get lost in books!
- Play a board game with siblings or friends
- Watch a [National Geographic video on Youtube](#). Tell 5 new facts you just learned to your mom, dad, siblings, or friends.
- Do 25 jumping jacks, 10 push-ups, and run around the block (with a safe friend) before
- playing video games. [Exercise!](#) with Go Noodle.
- Cook with supervision. Here are some [perfect kid no-bake recipes](#)
- Reason by comparison... [solve analogies here](#). Next create your own!
- Watch [Khan Academy](#) and solve problems on, above or below your level. Reflect upon how far you've come and what you'd like to try next! Be ready to share when you come to school.
- Watch these "[Survival HACKS. How to Survive a](#)" There is a "Riddle in the Middle" to solve. My personal favorite!
- Get a flashlight, or use your phone flashlight, a sheet, and make shadows on walls. [Video](#)
- With a favorite book, magazine article or motivating on-line text, take turns reading (by sentence, paragraph or page) with your parent, babysitter, sibling, or friend. Retell in your own words by paragraph.
- Have children's books read to you on-line. [Here is a great site](#).
- Here is a [free site](#) for audio books for kids.
- Do mental math (What is 10 more than 37? 10 less? How many quarters are in \$5, Which is greater $\frac{2}{3}$ or $\frac{11}{15}$? Why? How many more hours until 8:30 pm?) You get the idea!
- Get a deck of cards. Click [here to play these fun games](#)
- [Keep exercising](#). For every 30 min. of video games and screen time, do 30 min of bodily-kinesthetic movement!
- [MINECRAFT](#) Connect your favorite video game to mathematics.